2020 Waikato School Events

Event Guide

WAIKATO SCHOOLS TEAMS TAG TRIATHLON

Date: 25th March 2020

Location: Mighty River Domain, Lake Karapiro, Cambridge

Eligibility: ANY school/home schooled student enrolled in Year 5 – Year may enter.

Programme: See page 3

Medals: Championship Medals – 1st, 2nd and 3rd place medals for male, female and Mixed TEAMS from schools within the Sport Waikato administered Region

Visitors Medals – Any TEAM from outside of the Sport Waikato Region that places either 1st, 2nd or 3rd will receive medals equivalent to their placing

Parking: Gate 2 or 3 and as directed by signage and marshals

Registration: Schools with multiple entries will receive a pack containing ALL race numbers, start list and pins. Schools with individual entries will receive their numbers from the registration desk on arrival

Transition: Lower Camp Ground on the northern side of the Sir Don Rowlands Centre

Entries: www.redevents.co.nz or enternow.co.nz/sportwaikato

1. **Online Entries** Close: 14th March at 5.00pm
   - ❖ $66.00 per team
   - ❖ School login and password are required. Please contact Aby at abigailw@sportwaikato.org.nz
   - ❖ An invoice is generated automatically when you confirm entries. Please print and pay as per the instructions before the event.
2. **Late Entries** accepted until 9.30am on the date of the event
   - ❖ $75.00 per team paid in cash at registration
   - ❖ Email entries are treated as Late Entries and will be charged at $75.00 per team.
3. **Entry Fees** are not refundable but may be transferred to another event in the current years series
4. **Age Groups:** Multisport Age Groups are determined by the following for this event:
   a) Year 5 – Year 8 students compete by Class Year
   b) Year 9 – Year 13 students compete in Triathlon NZ Age Groups which are based on age as of 1st January 2020
5. **Competition Categories Male, Female, Mixed:**
   - Year 5 2020 School Year
   - Year 6 2020 School Year
   - Year 7 2020 School Year
   - Year 8 2020 School Year
   - U14 Younger than 14 years of age on 1st January
   - U16 Younger than 14 years of age on 1st January
   - U19 Younger than 14 years of age on 1st January

6. **Distances**
    - Year 5 100m swim/7km bike/1.6km run
    - Year 6 100m swim/7km bike/1.6km run
    - Year 7 150m swim/7km bike/1.6km run
    - Year 8 150m swim/7km bike/1.6km run
    - U14 250m swim/12km bike/3.2km run
    - U16 500m swim/15km bike/3.2km run
    - U19 500m swim/15km/4.8km run

7. **Programme**
    - 8.30 Registration Opens
    - 9.30 Late entries close ($75.00 cash only)
    - 9.45 Registration Closes
    - 9.45 Event Briefing
    - 10.00 Year 5 & 6 Boys, Girls and Mixed Teams start
    - 10.10 Year 7 & 8 Boys and Mixed Teams start
    - 10.15 Year 7 & 8 Girls start
    - 11.00 U14 Boy and Mixed Teams start
    - 11.05 U14 Girls start
    - 11.45 U16 & U19 Girls start
    - 12.00 U16 & U19 Boys and Mixed Teams start

8. **Maps:** Download from www.redevents.co.nz
9. **Rules:**

General

a) The OLDEST person in the team determines the category that the team competes in - i.e.2x 13 year olds and 1x 14 year old on 1st January 2019 = U16 Team or 2x Year 7 and 1x Year 8 = Year 8 Team.

b) Mixed Teams race at the same time as the Boys Teams

c) Team members must attend the same school to be eligible for Championship medals
d) Race Numbers are to be worn on the front of Cyclists and Runners shirt so they are visible to timing staff and announcer. There is no number for the team swimmer.
e) It is the responsibility of the competitors to know the course and complete it correctly.
f) Marshals will be positioned to monitor safety, traffic control and directions at key positions on the course only.
g) TAG zones will be sign posted at either end of transition and cyclists and runners must wait in their respective zone to be tagged.
h) Start lists, maps and programme will be on display from 8.00am at registration. Maps and programme will be available from www.redevents.co.nz from 7th February
i) Parking is widely available throughout the Domain – enter via Gate 2 or 3. If parking adjacent to the event HQ please be aware that you can't remove your vehicle while racing is taking place.

Swim

1. Swim starts are at various locations (see maps) but ALL exit at the Boat Ramp on the southern side of the Sir Don Rowlands Centre
2. Wetsuits may be worn for the swim but must not be removed until the TAG has taken place with the cyclist.
3. No loose fitting clothing is permitted during the swim – togs, swimwear only.
4. Swimmers must wear a swim cap during the swim leg. These may be purchased at registration but we would prefer you to bring your own.
5. Swim goggles may be worn
6. Water safety support will be available for each event

Bike

1. All cyclists are riding on the road and it is the responsibility of parents and schools to ensure their riders are capable and competent to do so.
2. Bikes must be road worthy and the organisers reserve the right to withdraw teams deemed to have unsafe equipment (no refund or transfer will be provided in this instance).
3. The course is out and back and riders must keep safely to the left of the road at all times except when turning.
4. All NZ Road Rule Apply
5. Team cyclists may have their helmet and shoes on while they wait for the swimmer to TAG
6. Cyclists must have their helmet on their head and buckled at all times that their bike if OFF the rack.
7. Mount and Dismount lines will be sign posted. Bikes must be pushed to and from these designated points.
8. The cycle leg is NON-DRAFTING i.e. no following closely behind another rider to gain advantage from their slip stream

9. Equipment: No disc wheels, no deep section rims over 45mm, no outside asistance

Run

1. Runners will have their numbers on the front of their shirt
2. Running shoes must be worn (no bare feet)
3. All runners must wear a top – shirt, t-shirt, singlet, tri top
4. Runners must keep to the right of the driveways through the Domain at all time to avoid vehicles that may be operating within the Domain.

Prize Giving

- Year 5 – Year 8 will be held at 11.30am
- U14 – U19 will be held at 1.00pm or the conclusion of racing whichever is earlier

Cancellation or Postponement:

- This will occur only if the world ends or the organisers are hospitalised.
- If it is raining, cold or windy the event will proceed
- Changes to format will be made to accommodate any extreme weather or safety events.